



INSPIRIT · TRAIN THE TRAINER

Train the Trainer

Six days to become the trainer
who can hold a room.

January – March 2027

The founders



“The one training that changes how you hold a room.”

Akseniya Asenova

PSYCHOLOGIST



“Everyone teaches skills. We build the trainers no one can substitute.”

Sebastian Körber

CLINICAL PSYCHOLOGIST



What we stand for

01



Candor

Saying the thing nobody else will say. We do it first. Then the room can do it back.

02



Courage

Trust comes when we are willing to be uncomfortable in front of each other.

03



Integrity

We refuse engagements where the conditions for change are not there. Process quality is non-negotiable.

04



Impact

A workshop is not successful until something moves outside the workshop. We measure ourselves on Monday morning, not Friday afternoon.

05



Connection

Not manufactured. Not a closing exercise. The thing that is already there in your team, once the other four values clear what was blocking it.



We work on every layer

SYSTEMIC



We work systemically and business-sharp. Then, the moment the system needs it, we go straight into the intrapsychic process that is actually moving the organization.

We read what happens between people and what happens inside them.

“Standard consultancies work on a maximum of two layers. We work on all of them.”



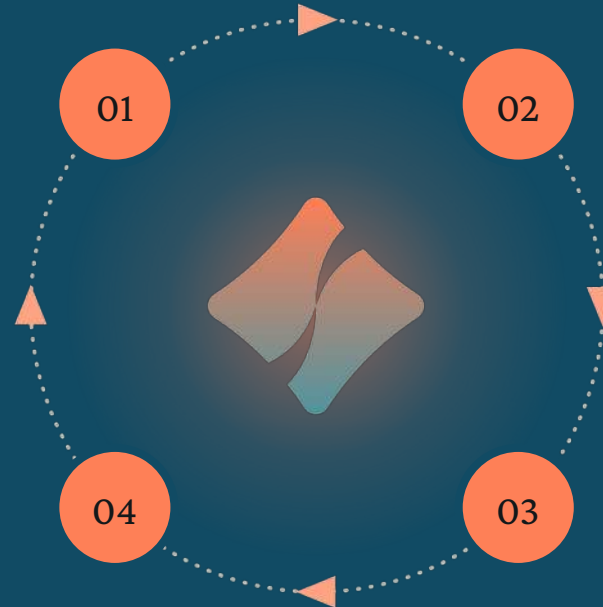
How we work a room

Observe.

Read the room. Behavioural patterns, body language, who speaks, who deflects, who is organising the silence.

Repeat.

Provoke, meta, provoke, meta. Each cycle strips a layer. We stay in the loop until something real emerges.



Provoke.

Intentional friction surfaces the real behaviour beneath the professional mask. Calibrated, never cruel. The friction is the data.

Meta.

Step back and name what just happened, with the people it happened to. What did you feel? When did it shift?



FIELD EXPERTISE

Psychological depth through field expertise

There are so many theories, models and schools of thought out there that it's hard to know where to start. And just naming theories in your workshops has proved too boring.

We don't lose workshop time on content, because we work on dynamics.

We hand you the most relevant knowledge in the field, told in a way you'll actually want to consume. Ready to use in a workshop.

THE CONTENT · SIX DOMAINS

Organisational culture

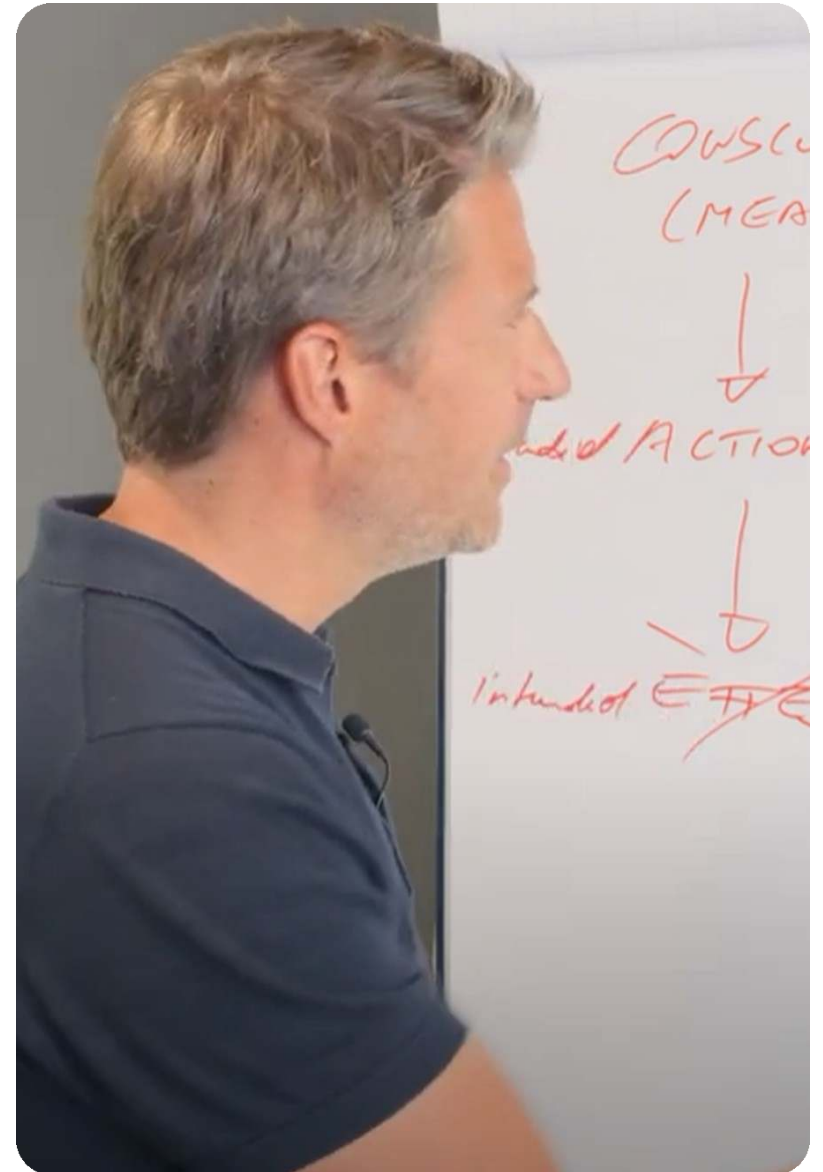
Communication

Feedback

Ownership

Change

Trust & psychological safety



Now vs. future you

NOW

You're looking for connection and a like-minded community

Typical surface-level workshops don't feel right for you anymore

You want to go deeper, psychologically

You're searching for your topics, identity and story as a trainer

You want clients who fulfil you in your work as a trainer



THEN

You've found your people: a peer group that finally gets the work you do

You go deeper than any workshop ever took you, and it shows

Your story as a trainer is finally your own: not borrowed, not generic

You walk out with your own delivery-ready workshop, built on real psychological depth

Your clients don't just book you. They're fulfilled by working with you



Three modules. One signature workshop.



“Developing my own story and building my trainer identity was the key to becoming the trainer I really want to be.”

1

2

3

MODULE 1 · 2 DAYS

15–16 Jan 2027

You experience yourself as a trainer and discover your blind spots. You feel which topics resonate with you as a person. Intervention of the group dynamics and a first trial of your workshop.

- Get to know yourself and identify topics
- First trial of workshops

MODULE 2 · 2 DAYS

12–13 Feb 2027

Deep training in the Inspirit Methods and work on a group-dynamic level. Reflection of your signature workshop.

Re-work and conduct your signature workshop

MODULE 3 · 2 DAYS

05–06 Mar 2027

Rounding off what you have created into a delivery-ready workshop.

Finishing touches, reflection and closing

Your signature workshop takes shape with every module



YOUR INVESTMENT

€6,500

+ VAT

6 days · 3 modules · hybrid

- Online academy for the content
- In-person sessions for the method

DATES

- 15–16 January 2027
- 12–13 February 2027
- 05–06 March 2027

AT A GLANCE

What you walk away with

01

Your own signature workshop: developed, tested and re-worked across three modules.

02

A clearer trainer identity and a signature story aligned with your purpose.

03

The Inspirit Method: deep training in how to work a room on a group-dynamic level. Observe, provoke, meta, repeat.

04

Field-ready content across six domains.

05

A small cohort of trainers who actually understand the work you do, and who you can stay in contact with after Module 3.





Want to create real change, in yourself and in others?

Ready to go beyond the obvious?

Ready to stay with the uncomfortable?

Then this TTT is the right one for you.

Apply now.

The cohort starts on 15 January 2027.





CONTACT

Let's talk.

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